

Dear Parents/Carers,

# Subject: Important Update on PE Kit Requirements from September

We are writing to inform you of some important updates regarding the PE kit requirements, which will come into effect from September. These changes have been made to ensure the safety and comfort of all students during PE lessons.

## **Astroturf and Rugby Footwear Requirements:**

Following the installation of our new astroturf last summer, students will now be required to wear AG (artificial ground) boots when using the astro for any activity. These boots will also be required for Rugby when playing on the grass. Please note that AG boots must have non-metal studs (see image below for reference).



#### Changes to PE kit:

We understand that purchasing new footwear may be an additional cost for families. To help reduce overall expenses, we will now be allowing students to wear (with small logos permissible but no large logos):

- Any brand of plain navy leggings
- Any brand of plain navy joggers
- Any brand of plain navy shorts (not Lycra)









Beckfoot branded PE kit will still be able to be purchased, and the other items of kit will remain the same (PE Top, optional rugby top, optional hoodie, plain white socks and long blue socks)



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#### **Additional Safety Requirements:**

- Shin pads must be worn for football in all year groups.
- We also strongly recommend the following for added safety:
  - Sport hijabs for PE (If not, no pins can be worn, and it must be tucked in at all times during the lesson. Students will not be able to participate in trampoline with a non-sporting Hijab for health and safety reasons.)
  - Sports glasses or contact lenses
  - Mouth guards for rugby



# Jewellery and PE Participation:

For health and safety reasons, piercings are not permitted in PE lessons. All piercings must be removed before the lesson; tape will not be allowed as a substitute. If students are unable to remove their piercings, they will still take an active role in the lesson but will not be able to physically participate, and they will receive an ATL 3 each lesson it is not removed. PE kit must still always be worn in lessons. If students wish to get a piercing that is in line with the school uniform policy, this must be done during the sixweek summer holidays and not during the school term to allow time to heal.

#### **Injuries and Notes:**

If your child is injured and their participation in PE will be impacted, please let us know as soon as possible. This should preferably be emailed to their Head of Year (HOY) and the PE teacher. We ask that you clearly state the injury, level of participation and a date of return to sport. Students should still come prepared with PE kit even if they are unable to participate physically in the lesson.

Email addresses for PE staff can be found at the end of this letter.

We appreciate your support in ensuring all students are properly equipped and safe during their PE lessons. If you have any questions or require further clarification, please do not hesitate to contact.

Best regards,

Suzanne Lancashire Head of PE

### **Email addresses of PE:**