



Beckfoot School Enrichment Week

17th – 21st July 2022

BUSHCRAFT



Key Information

- We are so excited to have EW 2023!
- It's a brilliant opportunity to meet new people and a chance to learn new things and discover passions
- EW is from Monday 17th July to Friday 21st July 2022
- Expectations of students are higher, as we're out of our comfort zones and with the general public – you are expected to represent yourselves well at all times

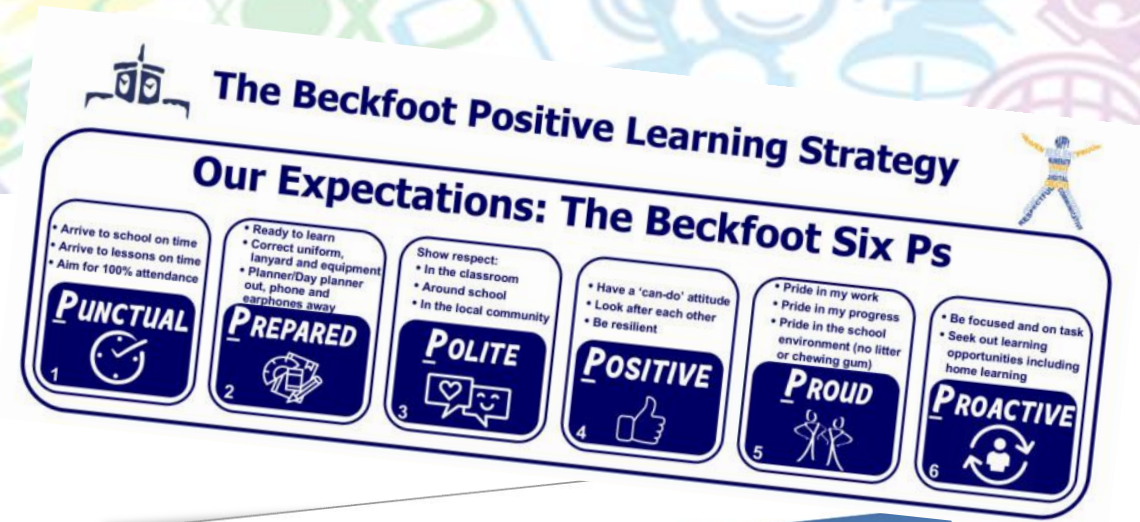


Enrichment Week Incredible Edible

Represent well

During EW, you represent yourself, your family and Beckfoot School so above all else, ensure you:

1. Show up, on time, with everything you need; attendance is compulsory
 2. Show politeness and respect everyone
 3. Keep a positive “can do” attitude
 4. Be proud to represent
 5. Do what is asked of you the first time, every time
- Do these 5 steps, and you'll have a great time!



Where are we going?

Castle Howard is situated 15 miles just North of York.

Our coach will be leaving Beckfoot School at **8:30 am on Monday the 17th of July**, returning at approximately **16:45 pm on Wednesday the 20th**.



What will you be doing?

Details will be confirmed upon arrival, but the types of activities that we may get up to are:

- Fire Lighting
- Shelter Building
- Camouflage and Concealment
- Trap Making
- Scenario SOS and many more!



Accommodation

Situated in the heart of the woodlands, each camp comprises of a large yurt and cosy campfire for mealtimes and talks, its own field kitchen, and safari-style bell tents to sleep in.

There are also single-sex porta-loos and on longer camps showers are also available.





What to pack

You can take the full kit list with you, but the key essentials are a **sleeping bag, roll mat, a raincoat, and any toiletries and/or medication.**

Remember you will be out in the wild, so it's best to pack old clothes and shoes so it doesn't matter if they get muddy!

THE ESSENTIALS TO PACK:

- Large rucksack or holdall
- Small rucksack to carry the essentials
- Warm sleeping bag (season 3 recommended)
- Roll mat
- Tracksuit or hardwearing trousers
- T-shirts
- Jumper or fleece
- Waterproof jacket and trousers
- Socks and underwear
- 2 pairs footwear e.g. walking boots and old trainers
- Wash bag including toothbrush, toothpaste, soap and face wipes
- Towels
- Medications (labelled with clear instructions on the application/use and dosage required)
- Swimwear (if planned)
- Suitable footwear for water sports (if planned)
- Water bottles or hydration system Alcohol hand gel
- Torch (with fresh batteries) - a head torch is ideal

What *not* to pack

The trip is high action, so we ask that students do not bring valuable items such as jewellery or technology as they could get lost or damaged on camp. You will not need any money on this trip.

We also recommend that you do not bring a mobile phone or other electrical equipment – there will be nowhere to charge it, and you don't want it to get lost/damaged.



Medication

Please fill out a **medical consent form** to allow your child to take any necessary or desired medication.

Staff **cannot provide** paracetamol, antihistamines etc. We can administer these only if provided to us and the form is completed.

If you wish your child to have ANY medication whilst in school care, a form needs filling in prior to the trip and you will need to bring that medication with you.

Medication needs to be in original packaging and clearly labelled with your child's name.

ASTHMATIC? EPIPEN user? Please bring a spare inhaler / EPIPEN in addition to the one that you carry with you normally to hand to staff.



Bushcraft 2023

On Thursday, we will be following a day of activities in school, finishing off with a film.

Please come in for 8:30am, and the day will end at 2:45pm.

On Friday, you will be following your usual timetable.



Any questions?