



Beckfoot School Enrichment Week

July 2023

Château Beaumont





Key Information

- We are so excited for EW 2023!
- It's a brilliant opportunity to meet new people and a chance to learn new things and discover passions
- EW is from Monday 17th July to Thursday Friday 21st July 2022 (our trip will leave Sunday night)
- Our trip starts late Sunday night at 11pm.

Expectations of students are higher, as we're out of our comfort zones and with the general public – represent well at all times



Represent well

During EW, you represent yourself, your family and Beckfoot School so above all else, ensure you:

1. Show up, on time, with everything you need; attendance is compulsory
 2. Show politeness and respect everyone
 3. Keep a positive “can do” attitude
 4. Be proud to represent
 5. Do what is asked of you the first time, every time
- Do these 5 steps, and you'll have a great time!





Beckfoot School

Enjoy • Learn • Succeed



CHÂTEAU BEAUMONT

School Trips to France

- Château Beaumont is an experienced venue that specialises in French trips for English students.

*Bienvenue au
Château Beaumont*



We are travelling with Ridley's coaches.



- We will begin our journey at Beckfoot on Sunday 16th.
- Please arrive for 11-11:15pm – luggage will be loaded on to the coach at 11:20pm
- We set off at 11:50pm – we cannot set off any later than this as we need to meet the ferry and allow the driver legal rest breaks.



Departure



Please wear Beckfoot Hoodie to travel.

You will need to bring something warm to travel – driver usually keeps the air-con on.

Students normally bring a pillow or cushion.

Pack healthy snacks and water!

On previous trips USB charging points have been available on the coach.

Please bring any medication clearly labelled and in it's original packaging.



Ferry



Bring a Beckfoot PE hoodie!



We will be crossing by P&O ferry from **Dover to Calais**

Monday 08:25am

The journey lasts approximately **1 hour 30 minutes**.

Designated P&O staff will escort Beckfoot students to our allocated seating area and again on our return to the coach.

Estimated arrival at the **Château Beaumont** is **6pm**



The Château



All the staff are trained in ALL the activities and only allowed to run their own sessions once they have completed their full training.

Upon arrival, the staff run a tour of the property in order to inform students of the boundaries and rules at the Château and finish with a full fire drill.

Evening meal will be served at 18:30 after arrival.



Who are we?

A family run company, we have over 16 years' experience in delivering specialised holidays in both France & the UK.



Where are we?



Perfectly located, on the borders of Normandy and the Loire Valley for immersing students in both French language and the fascinating culture of Normandy.

With exciting excursions such as Le Mont St Michel & Bayeux close-by.

Your Stay



Clean and warm, all student dormitories have en-suite toilet and shower facilities, ample storage and lockable doors.

Teacher / accompanying adult rooms are located between student dormitories – with additional tea and coffee making facilities.

The majority of teacher rooms are single occupation, although we also have a number of twin rooms available.

Bon Appetit

Meals are a vital part of any active day!

At Château Beaumont we make sure all dietary requirements are carefully catered to, keeping both children and teachers happy with a highly nutritious (and extra delicious) 3 meals every day.

We are also incredibly proud of our weekly French Nights – where students can sample the delights of French cuisine, in a fun and accessible way.

Of course we cannot forget, every student's favourite! A delicious chocolat chaud before bedtime!





Food requirements



Je suis
VÉGÉTARIENNE

Je suis ALLERGIQUE ...



...aux noix



**SANS GLUTEN
GLUTEN FREE**

J'ai besoin de
la nourriture
qui est...
...SANS
GLUTEN

Day	Date		Meal		Time
Mon	17-Jul-23		Evening meal		18:30 - 20:30
Tue	18-Jul-23		Breakfast		07:45 - 09:00
			Packed lunch in Fougères		
			Evening meal		18:30 - 20:30
Wed	19-Jul-23		Breakfast		07:45 - 09:00
			Packed lunch on le Mont St Michel		
			Evening meal		18:30 - 20:30
Thur	20-Jul-23		Breakfast		07:45 - 09:00
			Packed lunch at the Cider Farm		
			Evening meal		18:30 - 20:30
Fri	21-Jul-23		Breakfast		07:45 - 09:00
			Packed lunch en route to Calais		

SAMPLE WEEKLY MENU

	Dinner Starter	Vegetarian Starter	Main Dish	Vegetarian Option	Starch	Vegetables	Dessert
Monday / Friday	Garlic Bread	Garlic Bread	Spaghetti Bolognese	Spaghetti with Tomato Sauce		Salad or Peas	Chocolate Éclair
Tuesday / Sunday	Pâté on Toast with Cornichons	Bruschetta	Cordon Bleu & Roast Chicken	Stuffed Pepper	Potato Wedges	Salad or Sweetcorn & Carrots	Crème Caramel
Wednesday / Saturday	Frogs' Legs & Snails	Garlic Mushrooms	Beef Bourguignon	Ratatouille	Rice	Salad or Green Beans	Chocolate Crêpes
Thursday	Homemade Pizza	Homemade Pizza	Pasta Carbonara	Vegetarian Pasta in a Cream Sauce		Salad or Broccoli	Apple Strudel

Breakfast:

Orange Juice
 Selection of Cereals with low-fat milk
 Pain au Chocolat
 Croissant
 Baguette
 Butter and Jam
 Yoghurts

Packed Lunch for Excursions:

Baguettes with a selection of fillings including:

- Ham
- Cheese (Emmental, Edam & Brie)
- Garlic Sausage
- Pâté
- Tuna
- Egg Mayonnaise
- Chicken

Crisps, biscuits, fresh fruit and bottled water

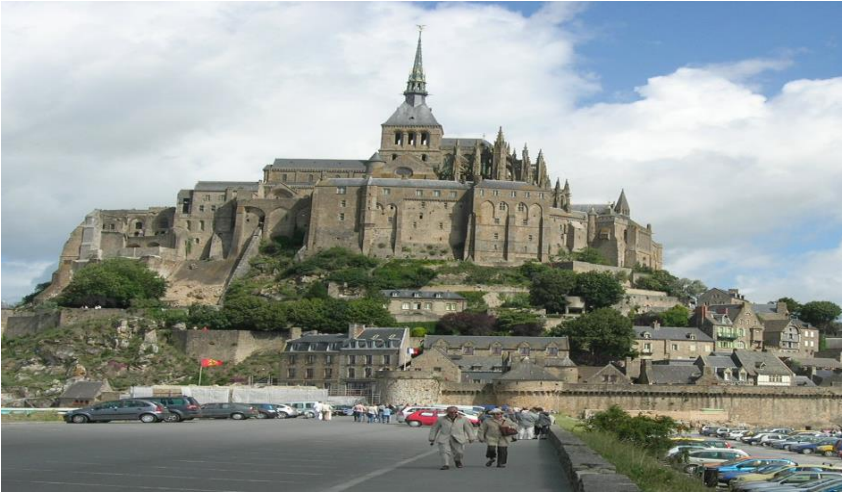
On Site Lunch:

Buffet lunch including:

- Baguettes with the above fillings
- Green Salad with Tomato and Cucumber
- Coleslaw
- Tabouleh
- Pasta Salad
- Rice Salad
- Jacket Potatoes with Beans & Cheese
- Quiche
- Salad Niçoise



Activities



Sessions are conducted in French according to age and level. The language introduced is then practised in a fun way during the activity and consolidated by our animateurs. We know that some of you study German and the aim is to make everybody comfortable in speaking and understand instructions.

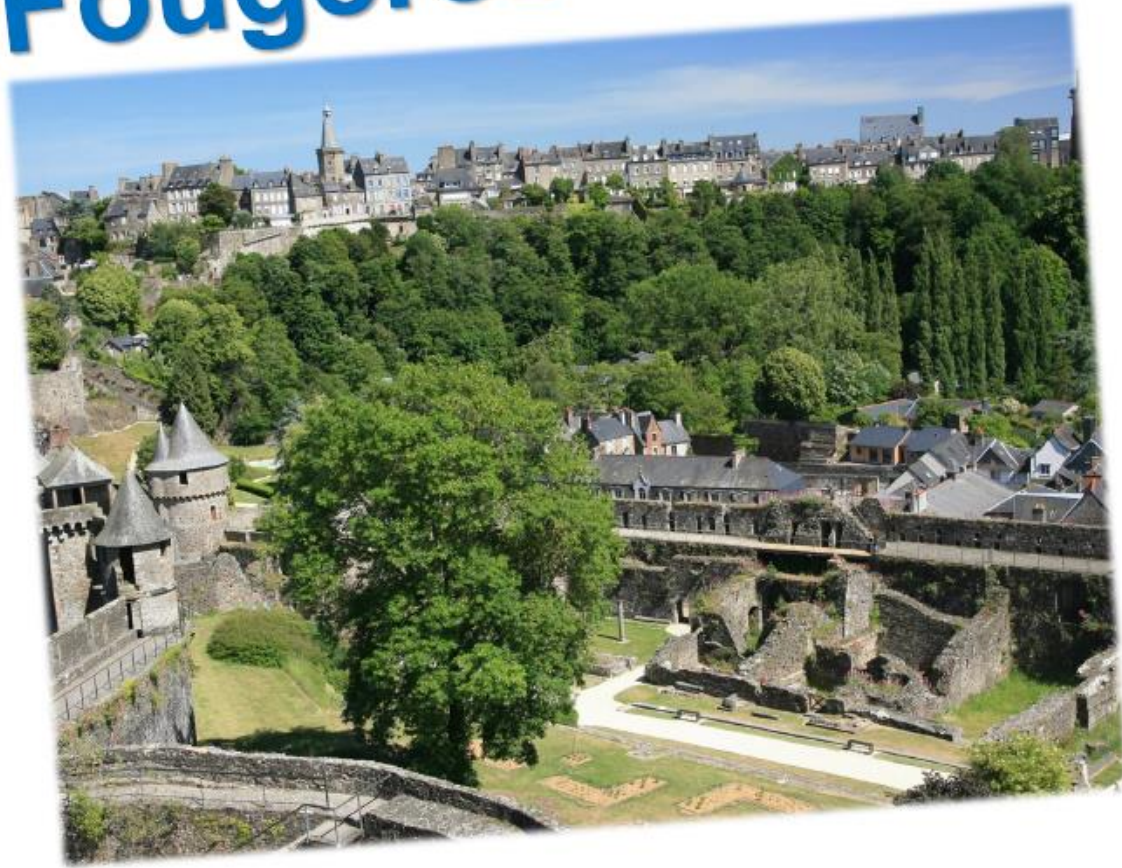


Mardi!

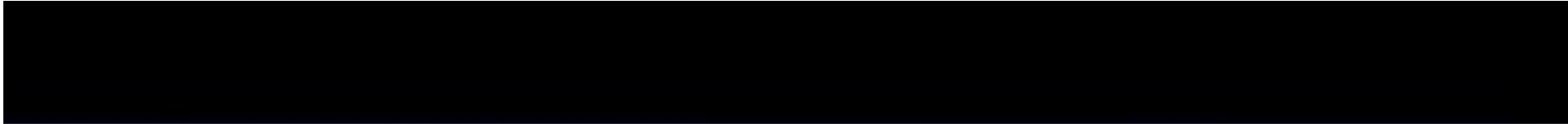


SCHOOL	SESSION	1	2	3	4	5	6
	/ GROUP	9:15-10:25	10:40-11:50	11:50-1:00	2:15-3:25	3:40-4:50	4:50-6:00
Beckfoot School	D - 13	Fougeres Castle & Hypermarket			Fencing	Climbing	French Initiative
	E - 12				French Initiative	Fencing	Climbing
	F - 12				Climbing	French Initiative	Fencing
	G - 12				Zip Wire	Archery	French Nightline

Fougères Town









Jeudi!



SCHOOL	SESSION / GROUP	1	2	3	4	5	6
		9:15-10:25	10:40-11:50	11:50-1:00	2:15-3:25	3:40-4:50	4:50-6:00
Beckfoot School	D - 13	Cider Museum			Zip Wire	French Nightline	Archery
	E - 12				Archery	Zip Wire	French Nightline
	F - 12				French Nightline	Archery	Zip Wire
	G - 12				Fencing	French Initiative	Climbing



Vendredi!



SCHOOL	GROUP	08:30 - 15:20
Beckfoot School	D - 13	Depart Chateau, travel to Calais & check in for 17:20 sailing
	E - 12	
	F - 12	
	G - 12	

We encourage students to keep their dormitories tidy throughout the week and inspections will be made.

On Friday, students will be responsible for ensuring that the dormitories are left in a tidy manner and that all belongs are packed away safely.

Evening Entertainments

We occupy your group from breakfast until bedtime; our staff running entertainments each evening...



All evening entertainment is organised and run by the animateurs at the Château.

Evening entertainment may include French Night (French quiz, fancy dress and snail tasting!), film night, initiative exercises, it's a knockout, treasure hunt, campfire...



Return



Friday 17th July Depart Chateau after breakfast - Calais

17:20 approx. (Friday 21st July): Arrive at school 01:00 – Saturday morning (Friday night) – staff will text with ETA and arrangements need to be made to collect students from school. Please arrive punctually.



What to bring

- **Luggage** – not too heavy to carry! **BECKFOOT HOODIE**
- PASSPORT AND EHIC CARD – check these are in date! (Staff will keep these)
- Clothes – sensible/comfortable, a few old clothes for *muddy activities*
- *an old pair of trainers – they WILL get muddy!*
- *Shoes/trainers suitable for walking*
- Toiletries (spare hair bobbles if used)
- Swimwear, towel, (baseball cap or hat) sun cream
- Personal medication – inhalers etc.
- Waterproof jacket
- Hand luggage – rucksack + **large plastic bag**
- Healthy food and drinks for journey. Optional - extra bottles of water
- Coach entertainment.
- Money –Pupils are responsible for their own money!
- Small pillow / ear plugs / chargers and adaptor plugs
- Pencil case.
- Charger for mobile phone/devices if appropriate / power pack if desired.



Medication

Please fill out a **medical consent form** to allow your child taking any necessary or desired medication.

Staff **cannot provide** paracetamol, antihistamines etc. We can administer these only if provided to us and the form is completed

If you wish your child to have ANY medication whilst in school care, a form needs filling in prior to the trip and you will need to bring that medication with you.

Medication needs to be in original packaging and clearly labelled with your child's name.

ASTHMATIC? EPIPEN user? Please bring a spare inhaler / EPIPEN in addition to the one that you carry with you normally to hand to staff.





Meals travelling

- You will need EITHER packed food for breakfast & lunch on the journey TO the Château or money to purchase food.
- You will need to bring money for evening meal on the ferry. The Château are providing breakfast and a packed lunch that day.
- PLEASE keep money for evening meal on return journey separate to any spending money for the trip.



Expectations

This is an educational school trip, therefore the same behaviour is expected of you out of school as it is in school. Remember you are representing yourselves, the staff and Beckfoot itself.

- No smoking / e-cigarettes
- No alcohol
- Rooms need to be kept tidy and clean
- Château – respect the premises
- Consequences for bad behaviour
- On the coach – no chewing gum
- Keep an open mind!



ANY
QUESTIONS?