

SPORT STUDIES

OCR Level 1/Level 2 Cambridge Nationals

Cambridge National in Sport Studies will encourage you to think for yourself about the study of sport and the application to real life practical sport, leadership and evaluation of the skills required.

You may be interested in this if you want an engaging qualification where you will use your learning in practical, real-life situations, such as:

1. Understanding contemporary issues in sport
2. Applying your skills as a performer in two different sporting activities.
3. Understanding the qualities of a sports leader and lead a sporting activity
4. Understanding the relationship between sport and the media and applying this to real life examples
5. How to evaluate and interpret the different ways in which sport is represented by the media

The course is made up of 3 units

R184: Contemporary issues in sport  **40%**
This is assessed by an exam

R185: Performance and leadership in sports activities
R186: Sport and the media  **60%**
This is assessed by a set assignment

How do Cambridge Nationals Grades compare to GCSEs?

	Cambridge Nationals	GCSE (9-1)	GCSE (A*-G)
Level 2	Distinction*	9	A*
	Distinction	8	A
	Merit	7	B
	Pass	6	C
Level 1	Distinction	5	D
	Merit	4	E
	Pass	3	F
		2	G

SPORT STUDIES

R185: PERFORMANCE AND LEADERSHIP IN SPORTS ACTIVITIES

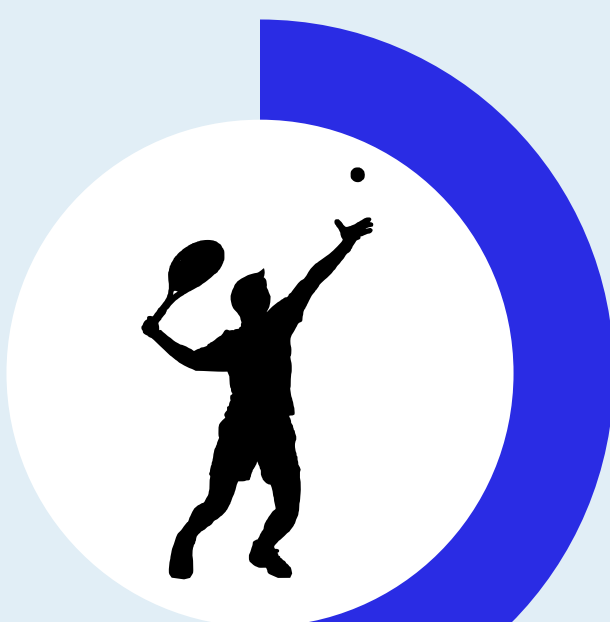
40%

In this unit you will learn how to develop your skills as both a performer, in two different sporting activities, and as a leader in one activity. As a leader you will have the opportunity to plan, lead and review safe and effective sporting activity sessions yourself.

TOPIC AREA 1

KEY COMPONENTS OF PERFORMANCE

Performance in TWO selected sports.



TOPIC AREA 2

APPLYING PRACTICE METHODS TO SUPPORT IMPROVEMENT

Analysing your strengths and weaknesses in on sport.



TOPIC AREA 3

ORGANISING AND PLANNING A SPORTS ACTIVITY SESSION



TOPIC AREA 4

LEADING A SPORTS ACTIVITY SESSION



TOPIC AREA 5:

REVIEWING YOUR OWN PERFORMANCE IN PLANNING AND LEADING A SPORTS ACTIVITY



THIS IS ASSESSED BY A SET ASSIGNMENT

SPORT STUDIES

R184: CONTEMPORARY ISSUES IN SPORT: EXAM

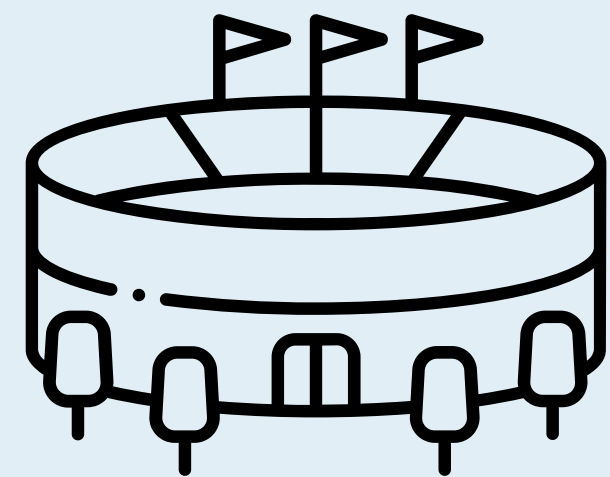
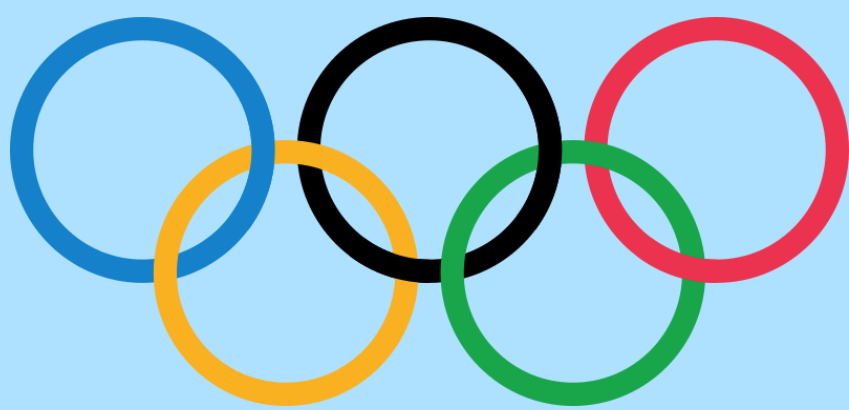
R184: Contemporary issues in sport
This is assessed by an exam

40%



Topic Area 1: Issues which affect participation in sport

Topic Area 2: The role of sport promoting values.



Topic Area 3: The implications of hosting a major sporting event

Topic Area 4: The role of National Governing Bodies (NGBs)



SPORT ENGLAND



Topic Area 5: The use of technology in sport

This unit is assessed by an exam. The exam is 1 hour and 15 minutes.

The exam is out of 70 marks.

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R186: SPORT AND THE MEDIA

20%

In this unit, you will learn to explore media sources and apply real life examples to demonstrate the nature of the relationship between media and sport. You will develop the ability to evaluate and interpret the different ways in which sport is represented by the media.

TA 1

The different sources of media that cover sport

Digital and social media and how they are a fast-changing aspect of sports coverage; allowing fans and spectators to watch when and wherever they want



Positive effects of the media in sport

How the media can help promote sport to increase awareness and improve participation levels

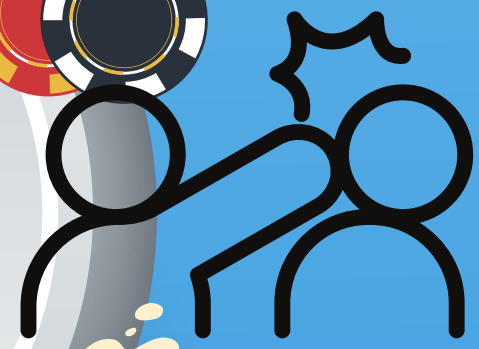
TA 2



Negative effects of the media in sport

External factors affecting decline in live spectatorship and Ethical appropriateness of sponsors

TA 3



THIS IS ASSESSED BY A SET ASSIGNMENT