

29 March 2023

Dear Parent/Carer

**Year 10 Relationship and Sex Education sessions
Thursday 30 March 2023**

As part of our PSHE curriculum, Year 10 pupils will be participating in two sessions on the theme of relationships and sex education. These will take place on Thursday 30 March 2023 in lesson time. These sessions have been planned to enable us to meet the National RSE (Relationship and Sex Education) guidance as set out by the Department for Education (guidance can be found [here](#)).

These sessions will be delivered by a team of trained professionals from the local education provider HALE (Health Action Local Engagement), a link to their website can be found [here](#).

The sessions will cover the following topics:

- Lesson one: Relationships
- Lesson two: Sexual Health

Parents have the right to withdraw their children from the sex education components of RSE. That means the lessons that cover physical aspects of sexual development and intimate relationships, and sexual health. Requests for withdrawal should be put in writing and addressed to the Head of Year by completing the form on [here](#). A copy of withdrawal requests will be placed in the pupil's file. Alternative work will be given to pupils who are withdrawn from sex education.

Please do not hesitate to contact the year team should you have any questions.

Yours faithfully,

Mrs. L Powell
Head of Year 10

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