



Beckfoot School

Wagon Lane, Bingley, West Yorkshire BD16 1EE
Tel: 01274 771444
Email: admin@beckfoot.org
www.beckfoot.org

Report absence
by Class Charts: www.classcharts.com/parent/login
by email: absence@beckfoot.org
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16 March 2023

Dear Parent/Carer

Do you think your child could be a Young Carer?

There are around 800,000 Young Carers in the UK. Many young people don't even realise that they are a Young Carer. As a school, if we are truly to fulfil our ambition that no child is left behind, we need your help to ensure we know every Young Carer from years 7 to 13. Knowing this information will help to provide the right support to ensure all our Young Carers succeed both academically and socially.

Do you think your child could be a Young Carer?

By definition, a Young Carer is someone under 18 who is caring for a family member because they are elderly, have long term illness, mental ill health, physical or learning disabilities, or face challenges with addiction. The care they give maybe physical and/or emotional. The adult they help may be a parent, grandparent, sibling or other family member.

Young Carers may engage in:

- Practical tasks (cooking, housework and shopping)
- Physical care (lifting or helping someone use the stairs)
- Personal care (dressing, washing, helping with toilet needs)
- Managing the family budget (bills and prescriptions)
- Managing and giving medication
- Looking after younger brothers and/or sisters
- Helping someone communicate

If you think your child might be a Young Carer, please click [here](#) complete a short form. Please be reassured that any information you provide will be treated sensitively and will not be shared without your knowledge. In addition, we want to raise awareness of Carers' Resource – a charity in Bradford which provides a range of support for Young Carers. For more information, search 'carers resource' or click [here](#).

Kind regards,

Alex Denham

Deputy Headteacher, Designated Safeguarding Lead and Mental Health Lead

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