

Frequently Asked Questions: Age of Wonder

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How long does the project last for?

The Age of Wonder project is running until 2029 and we hope everyone wants to join and be a part of this study. We will ask you each year in year 8, 9 and 10 if you want to be part of the study.

Once you turn 16, we would like you to stay part of the BiB research, whether you go to 6th form, college, training, work or something else!



What impact would Age of Wonder have?

Research is incredibly useful in all parts of our society. The data provided will help tailor services (provided by NHS, Bradford council and other organisations) within the city, making Bradford a happier and healthier place. For example, we will work with mental health service providers to let them know the kinds of difficulties young people are facing, and what support they should be offering.

How will the study benefit me?

The information you provide will be used to change the city. Whether that's demonstrating the need for more services for young people, or providing the evidence as to whether new opportunities actually make a difference, not many teenagers get to have such wide impact and a real say in their city.

As well as this, we will be working with your school to provide useful and exciting opportunities, whether this is taking part in a data science workshop, cultural activities, or starting on a career path in research.

Do we work with the NHS?

Yes, we are part of the Bradford Institute for Health Research which is part of the Bradford Teaching Hospitals NHS Foundation Trust.



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What is bioimpedance and how is it performed?



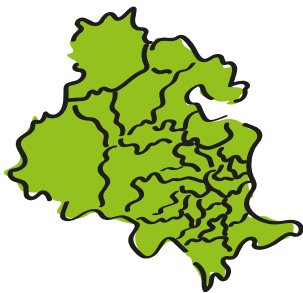
Bioimpedance, also called body fat scales measure the percentage of water, fat and muscle in your body. We use Tanita body composition analysers and ask you to remove shoes and socks so we can put foot pads on you. The scales send a very weak electrical signal through the body through the feet thus giving us the percentage of water, fat etc in your body.

When year 8s move into Year 9s, will you be taking bloods?

Yes, every year we will be asking the new year 9s to take part in these measurements, including the blood sample. This gives us incredibly useful information about health and ways to keep people healthy. But this will always only be done if you and your parent/carer agree to this. It's your decision.



But why do we need health measures from Bradford teenagers specifically?



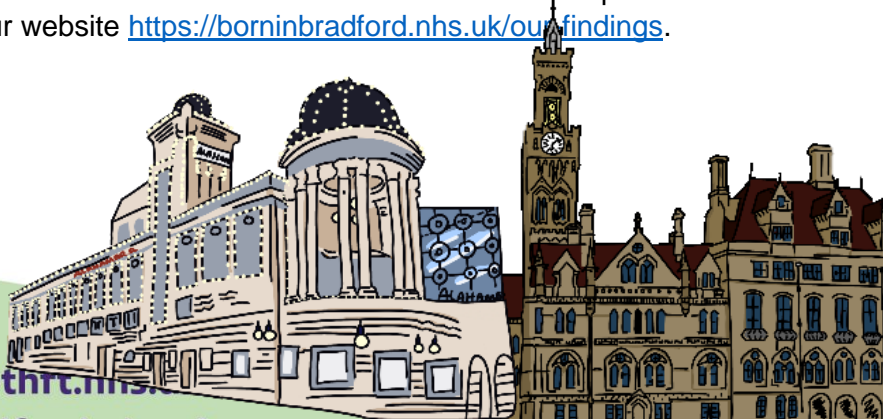
The information we get from the health measures is really useful for research, but this gets even more useful when combined with the other information we collect, and have collected previously, as part of Born in Bradford.

Born in Bradford was set up to make sure we had a diverse and representative study when we were looking at things that can influence health. By understanding one place in lots of detail, we can use this information to help people living across the UK, and in other countries!

What will realistically change?

Born in Bradford already has a very extensive record of creating change within the city (some of which you may have noticed). We were recently part of the City of Culture 2025 bid, and we often provide the data to bring in additional funding into the city. For example, we have helped write grant applications for Bradford council to gain extra funding for cleaner greener buses. Age of Wonder will only bring more opportunities and help shape services for teenagers in the city.

If you want to find out more about how Born in Bradford has helped create a better Bradford, have a look at our website <https://borninbradford.nhs.uk/ourfindings>.



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