

Born in Bradford Age of Wonder research study

Parent information sheet – Year 9

v5 14.04.22

Born in Bradford (BiB) are going to be working with your child's school on an exciting new study that will help us to understand and improve the health and wellbeing of young people as they grow up in Bradford.

We're asking parents/carers of young people in Year 9 in schools across Bradford if they are happy for their child to take part.

If your child takes part they will be asked to do the following activities during the normal school day:

- Measurements (height, weight and body composition)

If you are happy for your child to take part, you do not need to do anything.

If you do not want your child to take part, you need to let us know by filling in the form on the last page of this booklet and handing this back to your child's school. All of the information that we collect will be kept safe and secure by BiB which is a part of Bradford Teaching Hospitals NHS Foundation Trust. Only people who really need to will be able to see your child's personal information. The rest of the research team will not be able to see your child's name or contact details. Their data will have a study ID number instead.

Please read the rest of this booklet to find out more about this study, what your child will be doing, and how we will look after their information.

01274 274474

ageofwonder@bthft.nhs.uk

www.borninbradford.nhs.uk

What is Born in Bradford?

Born in Bradford (www.borninbradford.nhs.uk) is one of the largest research studies of its kind anywhere in the world, aiming to understand and improve the health and wellbeing of families as they live and work in Bradford. Between 2007 and 2011, 12,500 families in Bradford who had their babies at Bradford Royal Infirmary signed up to be part of the BiB research study.

They have helped us to understand things like the harm diesel fumes cause, which allowed us to lobby for pollution filters on our buses to get cleaner air. This research has also helped make the case for new funding in the city, such as Active Bradford to improve physical activity, and Bradford's Opportunity Area to improve the outcomes of children at school.

What is the new study about?

Our new study is called **BiB Age of Wonder**, and aims to learn from young people what it is like to be a teenager growing up in Bradford.

We will use this research to understand how Bradford schools and services in the district can best support young people to be as happy and healthy as possible. This is really important because as your child grows up, they will experience many challenges and changes in their bodies, minds, emotions and social lives. They have also lived through a really difficult few years due to the pandemic.

Do you have to be a part of the original BiB study to take part in this new study?

No, we would like to work with all young people who go to school in Bradford, not just those who were part of the original study.

You have received this information sheet because your child attends one of the schools we will be working with. You and your child may already be part of Born in Bradford, or you may not have joined before.

Until your child is 16, we need to ask you to decide whether you want your child to be part of the study.

What will my child be asked to do?

If your child does take part they will be asked to do some activities during their normal school day:

Measurements:

During a school visit, our trained researchers will measure your child's:

- height
- weight
- body composition (how much of the body is made of fat, muscles, and bones) using a special scale that sends a very weak electrical signal around the body

We are working in partnership with the Bradford Metropolitan District Council Public Health Team who are developing a service for children and young people) across Bradford District linked to their Living Well Programme (<https://mylivingwell.co.uk/>). This will provide support around healthy weight, physical activity and wellbeing Information about the Public Health Living Well service and how to access support will be provided to all young people at the time of these measurements being taken.

Will my child benefit from taking part?

Our research will help schools and health services within the city to understand how we can support the physical and mental health of our young people.

When we are in your child's schools we will also be offering a range of exciting and creative learning activities in school. We hope that this will inspire young people to learn more about science and technology.

Who is leading the project?

This project is being led by the BiB study team, based in Bradford Teaching Hospitals NHS Foundation Trust. BiB are working together with young people, secondary schools and our local authority partners in Bradford. The study has been reviewed and approved by the Bradford Leeds Research Ethics Committee [Ref: 21/YH/0261, date: 22.12.21].

How will I find out the results of the study?

We will be in touch via regular newsletters, blogs, videos, and social media. We will also write reports and publish our findings in scientific journals. All our findings will be available on our website (www.borninbradford.nhs.uk)

How do you use my child's personal information?

If you consent for your child to take part, your child's school will provide us with the following personal information about your child:

- Name
- Unique pupil number (UPN)
- Date of birth
- Contact details
- School email address

We use this information so we know who has taken part in the study, and so we can send a link to the surveys to their school email address.

We store all personal information in a secure database at Bradford Teaching Hospitals NHS Foundation Trust. The only people who have access to personal information are the small number of people in the research team who need it for the study. You can find out more about how we use your information at <https://borninbradford.nhs.uk/what-we-do/how-we-use-your-information/>, or by contacting the study team at ageofwonder@bthft.nhs.uk or 01274 274474.

Data from the research will be stored securely at Bradford Teaching Hospitals NHS Foundation Trust. Your child's personal details will be removed from this data and replaced with a study ID code so it will not be possible for anyone to use the data to identify your child. If we share data with other UK and international research studies that have been approved by BiB, we would only give them this study ID code to make sure your child will never be able to be identified.

The only exception would be if they told us something that suggested a concern for their or someone else's safety. If this happens, we will need to discuss this with a teacher at their school.

Your child's school might be offered the chance to take part in projects to support young peoples' wellbeing. We might use your child's personal information to help the school and other services to select young people to take part in these projects by chance (randomly), like using the toss of a coin. Researchers will use "de-personalised" information from young people and schools who take part in these projects and compare them to those who do not take part to help find out if the projects make a difference to young people's wellbeing.

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What do I need to do if I would like my child to take part?

If you are happy for your child to take part you DO NOT NEED TO DO ANYTHING.

What do I need to do if I do not want my child to take part?

Your child does not have to take part in Age of Wonder. If you DO NOT want your child to take part, please fill in the Declining Consent Form attached and hand this back to your child's school.

If you do not get in touch, we will assume that you are happy for your child to be assessed.

Your child will not be able to take part in the research if you have told us you do not want them to take part.

If your child already takes part in other activities with the Born in Bradford study, their participation in these will not be affected. If your child remains at this school, we may contact you again in future years to give you the opportunity to take part in further studies.

Before any surveys or activities take place, if you have given consent but change your mind, you can withdraw from the study at any time without giving a reason. Simply contact us using the details given below and ask for your child to be removed from the study. Your child will then not be invited to take part in the surveys or activities in school this year.

How can I find out more information?

If you would like to find out more about the study before deciding to let your child take part, please contact the Born in Bradford team:

Telephone: 01274 274474

Email: Ageofwonder@bthft.nhs.uk

You can visit the BiB website (www.borninbradford.nhs.uk) and follow us on Facebook (BorninBradford) or Twitter (@bibparents and @bibresearch) if you would like to know more about the study.

Declining Consent Form for

Born in Bradford: Age of Wonder Year 9 (opt-out)

If you are happy for your child to take part in the Born in Bradford Age of Wonder project you do not need to do anything. Please complete and return this form to your child's school, if you **DO NOT** want your child to take part in these assessments.

Child's name:

Form/Tutor Group:

Parent's / Carer's name:

Parent's / Carer's signature:

	Please tick
I do not want my child to take part in the BiB Age of Wonder Year 9 measures	<input type="checkbox"/>