



Duke of Edinburgh Bronze, Silver, Gold Awards 2022

Welcome to the Information evening for all Expeditions



Bronze



Training day - Saturday 02 April 9am - 3pm

Based in and around school

Assessed expedition – Friday 6th and Saturday 7th May

Overnight camp at Blackhills, Campsite, Cottingley.

Return to school on Saturday roughly 3pm

***PS please don't visit
us on camp.....***

Silver

Training expedition - Friday 10th – Sunday 12th June
Leaving school after pd 4 on Friday, returning to
school for lunchtime on Sunday

Friday – Low Wood Campsite, Riddlesden

Saturday – Ghyll House Farm, Addingham Moorside



Assessed Monday 18th to Wednesday 20th July

Monday – Town Head Campsite, Malham

Tuesday – Kettlewell campsite –students will use public bus
and train to return to school. In school on Thursday 21st

***PS please don't visit
us on camp.....***

Gold



Training expedition - Friday 10th – Sunday 12th June

Leaving school after pd 4 on Friday, returning to school for lunchtime on Sunday

Friday – Low Wood Campsite, Riddlesden

Saturday – Ghyll House Farm, Addingham Moorside

Assessed expedition - Monday 18th to Thursday 21st July

Monday – Town Head Campsite, Malham

Tuesday – Kettlewell campsite

Wednesday – Howarth Farm Campsite, Appletreewick

***PS please don't visit
us on camp.....***

Supervision

Staff mobile
phones

Students will be in sight
on training expedition
but not on actual
expedition





Beckfoot DofE Expedition - Suggested Kit List

This list comprises group (G) and personal kit.



- Tent (G) - *supplied by school*
- First Aid kit (G) - *supplied by school*
- Stove (G) - *supplied by school*
- Fuel (G) - *supplied by school*
- Matches (G) - *supplied by school*
- Washing up kit (G) - *supplied by school*
- Map + map-case (G) - *supplied by school*
- Compass (G) - *supplied by school*

- Torch + new / spare batteries - *can be supplied by school*
- Rucksack and waterproof liner - *can be supplied by school*
- Sleeping bag - *can be supplied by school*
- Survival bag / emergency shelter - *supplied by school for Silver/Gold*
- Roll mat - insulating - *can be supplied by school*
- Walking boots - *can be supplied by school*

- Waterproof jacket / cagoule
- Waterproof over-trousers - check the weather forecast
- Walking socks
- Clothes suitable for expedition i.e. not jeans - **THINK LAYERS**
- Spare set of clothes
- Hat / gloves / scarf - even in summer conditions in case of emergency
- Personal wash kit and towel
- Water bottle (1 litre capacity)
- Food plus emergency rations
- Mug / plate / dish
- Knife / fork / spoon or spork
- Whistle
- Sun cream
- Personal medication - you must advise DofE if you have any medications

Think about what you really need. Is there anything that you can share with your team, **eg.** toothpaste. Have you planned your meal so that you are cooking together and sharing quantities of food? If your torch batteries are new, do you really need spares? If the forecast is light rain, do you need sun cream?

N.B. The maximum weight of your fully loaded rucksack should be no more than 25% of your body weight, ideally less. This will be checked before you set off by your DofE leaders and you will not be allowed to carry more than this weight. Group kit is shared out between you and your expedition team.

Speak with your DofE leader if you are considering taking anything extra to this list.



Maximum rucksack weight is 25% of your bodyweight – so if you weigh 50kgs, that's 12.5kgs gross weight! We check before you set off – check at home first.

1. Essentials – shelter / warmth / food / hygiene



2. Essentials – clothing, snacks



3. Really????????

Do you *really* want to carry that for 12 hours?



Food

- Bring:
- Packed lunch for each day – think about itch sandwich for each day?
 - Evening meal – what's filling, tasty, nutritious, portable?
 - Breakfast – for low release of energy
 - Snacks – how much sugar ??
 - Drinks – healthy / comm cans, no fizzy drinks!

BEWARE NUTS!!!



Conduct

High standards of personal behaviour are expected at all times and in all spaces.





Costs involved

















£15 per day fee for each of the overnight training and assessment expeditions

This pays for :

- Camp site fees
- Cooking fuel
- Contribution towards camping equipment
- Transport (Silver & Gold only)

Are you up to date with your Volunteering / Physical / Skills sections?

Some of you still need to upload evidence....

Bronze 2017/18	B	X	X	X	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	X	X	X	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	 01/09/2017	 03/09/2017	 01/11/2017	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	 28/09/2017	 20/09/2017	 03/11/2017	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	X	X	X	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	 30/09/2017	 19/09/2017	 25/09/2017	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	X	X	 11/09/2017	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	 26/09/2017	 26/09/2017	 26/09/2017	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	 01/09/2017	 01/09/2017	 01/09/2017	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	X	X	X	X	n/a	<input type="checkbox"/>
Bronze 2017/18	B	X	X	X	X	n/a	<input type="checkbox"/>

.... and some of you need to enter what you are doing for each section onto your eDofE profile. We know who you are!!!

Fundraising

Refreshment support for Beckfoot music events

Young Musician of the Year concert
Wednesday 23rd March 5.00 – 8.30pm

These events help us raise funds for DofE expedition kit and a small donation to music dept. We need a yearly addition to kit as well as the need to replenish old kit and replace or repair damaged kit.

Can you help?



Have fun, learn lots, get your award



Keep safe