

MAKING A GREAT IMPRESSION AT INTERVIEW

FIRST IMPRESSIONS COUNT - YOU ONLY GET ONE CHANCE TO MAKE A FIRST IMPRESSION!

Research shows that people will make a judgement about you within a few seconds of meeting you for the first time.

The other person forms an opinion about you based on:

- Your appearance
- Your body language
- The way you look and behave
- Your mannerisms
- How you are dressed



BE ON TIME

- Arriving a **few minutes early** gives you time to think about your interview and be **CALM**.
- Being a bit nervous is a good thing - it shows you care about making a great impression and really want the job.
- If you are calm and confident (or at least look as though you are), the other person will feel more at ease

LOOK CLEAN AND TIDY

If you feel good about your appearance you will feel more calm and confident.

THE INITIAL GREETING - Over TEAMS or ZOOM

Now that you have arrived on time and look the part, you are ready to create that great first impression. It can feel a bit strange having an interview over the internet, but this is something we need to embrace! Just imagine you are in a lesson as you were during lockdown!

- Sit up straight
- Make eye contact
- Smile into the camera

Good manners and polite, attentive and courteous behaviour all help to make a great first impression.

So, be on your best behaviour!



WHAT MAKES A GOOD INTERVIEW?

PREPARATION, PREPARATION, PREPARATION

Prepare what you are going to say in response to standard questions

- **Tell me about yourself** - Be prepared to give a brief summary about yourself and your interests
- **What subjects do you enjoy in school?** - Be prepared to discuss your current and target grades
- **Do you know what job you want to do in the future?**
- **Tell me about a piece of work that you have done recently?**
- **What are your strengths?** - Talk about the things you are good at and feel proud of
- **What has been your best achievement?** - This can be in school or a hobby/sport/job you do
- **What do you do in your spare time?** - Be prepared to talk enthusiastically about the things you like doing
- **Tell me a time when you have worked as part of a team** - Be prepared to talk about the team, their achievements and the role you personally played in the success of the team
- **What do you think makes a great leader?** - Think about the qualities you need
- **How do you prioritise your time?** - Think about homework or coursework deadlines and how you make sure you meet them
- **What motivates you?** - It could be a great job, money, helping people, learning new things
- **Think of different key words to describe your personality** - Be creative but honest!
- **Why are you the best candidate in this room?** - This is your chance to tell the interviewer how **great** you are!



Have a few questions of your own ready to ask the interviewer

REMEMBER

SMILE - BE YOURSELF - MAKE GOOD EYE CONTACT - ENJOY THE EXPERIENCE