

Race

Advice for Parents

What is Race?

Race is not just where you are from, it can be a little bit more complex than that. To help us understand, let us see how the NSPCC have defined race and racial discrimination: Race can mean a person's colour, nationality, ethnicity or citizenship. It's a protected characteristic in law under the Equality Act 2010 in England, Scotland and Wales, and the Race Relations Order 1997 in Northern Ireland. This means it's illegal to discriminate against someone, or treat them differently, because of their race. It's important to remember that someone's ethnicity or national origin may not be the same as their current nationality. For example, someone may have Indian national origins and be living in Britain with a British passport.

Racism and Racial Discrimination

Racial discrimination or racism is when someone is treated differently because of their race, ethnicity, nationality or colour. Any type of racism or racial discrimination is abusive and distressing for children and young people who experience or witness it. If someone commits a crime against you because of your race it is considered a hate crime and is against the law. Instances of bullying that are racially motivated but not a crime are considered racist incidents.

Talking to children about racism

Advice to help you understand how to talk to children about race and racism, and what you can do to support a child who's experiencing racial bullying.

Click the image to the left for help and advice on how to talk to children about race.

Anti Racism Resources

[Click here](#)

Black Lives Matter

We can't talk about race and racism without talking about Black Lives Matter, sometimes called the BLM movement. The BLM movement has been active for many years, coming into the fore recently with the tragic murder of George Floyd in America on May 25, 2020. BLM is about challenging the centuries of racism, profiling, smearing, and harming of black communities around the world, by raising awareness, challenging curriculums that omit black history, questioning cultural icons, seeking legal recourse, and demanding media accountability in the reporting of stories involving black individuals.

What can I or my child get involved in?



University of Bradford campaign to Root out Racism



Kick it Out—Football campaign against racism



United Nations International Day to eliminate Racism