

# ***Sexual Orientation***

## Advice for Parents

It can sometimes be a bit difficult to understand the different terms and language used when discussing LGBTQ+ issues. Check out this [glossary of terms](#) which helps explain the meanings of the various words and phrases.

**I think that my child might be LGBT. How can I be sure?**

Until your child comes and tells you that they are, or might be LGBT, you can't know. Try not to make assumptions and let them come and tell you in their own time. Create a positive environment where your child feels able to talk to you about their sexual orientation and/or gender identity.

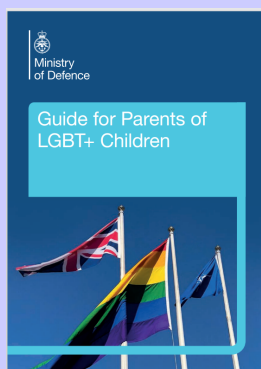
Below you'll find a few organisations who work with LGBTQ+ youth locally and nationally - just click on the picture to take you straight to the website.



**Stonewall** - a charity giving help and advice on all things LGBTQ+



**NSPCC** - the UK's leading children's charity



**Gov.uk**—Guide for Parents of LGBTQ+ Children



**FFLAG**— A national voluntary organisation and charity dedicated to supporting **parents** and their LGBTQ+ children

## ***Top Tips for Parents***

*Let your child know they are loved.*

*Encourage dialogue.*

*Learn the facts.*

*Stay involved with the school.*

*Ensure they form healthy relationships.*

*Take a team approach.*