

Gender Reassignment

Advice for Parents

What is Gender Reassignment?

A decision to undertake gender reassignment is made when an individual feels that his or her gender at birth does not match their gender identity. This is called 'gender dysphoria' and is a recognised medical condition.

Gender reassignment refers to individuals who either:

Have undergone, intend to undergo or are currently undergoing gender reassignment (medical and surgical treatment to alter the body).

OR

Do not intend to undergo medical treatment but wish to live permanently in a different gender from their gender at birth.

People who have undertaken gender reassignment are sometimes referred to as Transgendered or Trans



Click the image to the left for information and advice on how to support a transgender child.

Top Tips for Parents

Use your child's chosen name and pronouns.

Connect your child to transgender resources, events, and spaces or organisations.

Educate yourself and other family members on the best ways to affirm and support your transgender or gender diverse child and put these behaviours into practice.