Subject :	Physical Education L2 Btec		Year Group:	11		Т
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Scheme title	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half term 6
Scheme title	Unit 2, Learning Aim A - Rules and regulations Understand the rules, regulations and scoring systems	Unit 2, Learning Aim A - Rules and regulations Understand the rules, regulations and scoring systems for selected sports	Unit 2, Learning Aim B - Techniques, Tactics and COP	Unit 2, Learning Aim B - Techniques, Tactics and COF Practically demonstrate skills, techniques and tactics in	Unit 2, Learning Aim C - Review of performance	Unit 2 - Resubmission of LAC Be able to review sports performance
	for selected sports	understand the rules, regulations and scoring systems for selected sports	selected sports	selected sports	be able to review sports performance	be able to review sports performance
Purpose of scheme	1 - Unit 2 Introduction:	Topic A.2 Regulations: Relating to players and participants, equipment, playing surface, facilities, health and safety, time & officials.	Topic B.2 Skills & techniques required: Continuous	Topic B.2 Skills & techniques required: Continuous	Describe why we analyse sports performances	Describe why we analyse sports performances
	Identify	For A2 regulations, reliants to prayers and participants, equipment, praying surface, ratintes, nearth and safety, time at ornicals. 5 - Examine regulations in sport:	skills (Running), Serial skills (EG High jump), Discrete	skills (Running), Serial skills (EG High jump), Discrete	-Mentify what's needed in a performance checklist	-Wentify what's needed in a performance checklist
	-Describe	-Define a regulation	skills (EG Golf swing), movement, use of equipment,	skills (EG Golf swing), movement, use of equipment,	-Identify how you can display performance data	-Identify how you can display performance data
	-Apply	-Identify regulations in 1 sport	commu-nication & other demands specific to each	communication & other demands specific to each	-Create performance checklist for softball	-Create performance checklist for softball
	2 - Examine rules in sport:	-Describe regulations in 1 sport (P1)	sport.	sport.		
	-Define a rule	-Progress Point 1: Explain regulations within 2 chosen sports (P1)	1 – Skills and techniques	1 – Skills and techniques	2 – Implement performance checklist using video	2 - Implement performance checklist using video
	-Identify the rules of 1 sport	Topic A.3 Scoring systems: The method of scoring goals or points, method and/or requirements for victory.	-Define a skill and a technique	-Define a skill and a technique	footage:	footage:
	-Describe the rules in 1 sports (P1)		-Identify skills used in 2 sports	-Identify skills used in 2 sports	Rentify what's needed in a performance checklist	-Ildentify what's needed in a performance checklist
	-Explain the rules in a 1 sport. (M1) Topic A.4 Application of the rules/laws of sports in	6 - Coursework	-Describe the techniques used to perform skills in 2 sports	-Describe the techniques used to perform skills in 2	-Create a method of displaying performance data -Identify/Describe/Explain/Analyse a strength or	 Create a method of displaying performance data -Identify/Describe/Explain/Analyse a strength or
	different situations.	7 - Scoring system:	Topic B.3 Decision making & strategies to overcome a	Topic B.3 Decision making & strategies to overcome an		weakness of a softball performance
	For example, when a player is in an offside position in	- Joscribe szoring systems in different sports	opponent, including using personal strengths. Use of	opponent, including using personal strengths. Use of	3 – Command words:	3 – Command words:
	football.	-Describe the scoring system in 1 sport (P1)	relevant tactics, e.g. defending and attacking, choice	relevant tactics, e.g. defending and attacking, choice	-Mentify what's needed in a performance checklist	-Rientify what's needed in a performance checklist
		-Explain the scoring system in 1 sport (M1)	and use of shots or strokes, variation, conditions, use	and use of shots or strokes, variation, conditions, use	-Create a method of displaying performance data	-Create a method of displaying performance data
	3 - Coursework	Topic A.6 Roles of officials: Umpires, referees, assistant refs, judges, time-keeper, starters, table officials, third umpire, fourth official.	of space & other	of space & other	Identify/Describe/Explain/Analyse a strength or	Identify/Describe/Explain/Analyse a strength or
		Topic A.7 Responsibilities of officials: Appearance, equipment, fitness, qualifications, interpretation & application of rules, control of players, accountabil-ity to	demands specific to sport.	demands specific to sport.	weakness of a softball performance.	weakness of a softball performance.
	4 - Apply 4 rules in 1 sport by taking the role of an	spectators, health and safety (equipment, facilities, players), fair play, use of technology, effective communication (voice, whistle, signals).			4 – Recommend activities to improve your	4 - Recommend activities to improve your
	official (Prac-tical) -Describe how to apply the rules of a selected sport	8 - Explore the roles and responsibilities of officials in different sports: -Define roles & responsibilities	2 - Coursework	2 - Coursework	performance -Mentify what's needed in a performance checklist	performance -Bentify what's needed in a performance checklist
	-Describe now to apply the rules of a selected sport in 4 specific	-Denie rotes & responsibilities of officials in 1 sport (P1) -Describe the roles & responsibilities of officials in 1 sport (P1)	3 - Tactics and components of fitness:	3 - Tactics and components of fitness:	-mentry what's needed in a performance checklist -Create a method of displaying performance data	-dentity what's needed in a performance checkist -Create a method of displaying performance data
	situations	-bestone the roles and responsibilities of officials in 1 sport (r1) -Explain the roles and responsibilities of officials in 1 sport (M1)	-Define a tactic and the physical components of	-Define a tactic and the physical components of	-Identify/Describe/Explain/Analyse a strength or	-Identify/Describe/Explain/Analyse a strength or
	-Apply the rules of a selected sport in 4 specific		fitness	fitness	weakness of a softball performance.G6	weakness of a softball performance.G6
	situations (P2)	9 - Compare & contrast roles & responsibilities of officials in 2 chosen sports (D1)	-Identify tactics used in 2 sports	-Identify tactics used in 2 sports		
	-Explain why you applied those rules (M1)	-Identify connectives to compare and contrast	-Describe how tactics & physical components of	-Describe how tactics & physical components of	1	
		-Explore a 'WAGOLL'	fitness are used in 2 sports	fitness are used in 2 sports		
		-Progress Point 2: Compare & contrast roles & responsibilities of offi-cials in 2 chosen sports (D1)	Topic B.1 Components of physical fitness: Flexibility,	Topic B.1 Components of physical fitness: Flexibility,		
		10 – Recommend valid methods to improve rules, regulations & scoring systems in 2 chosen sports. (D1)	Speed, Body composition Aerobic endurance, Muscula endurance, Muscular strength.	 Speed, Body composition Aerobic endurance, Muscular endurance, Muscular strength. 		
		10 – Recommend valid methods to improve rules, regulations & scoring systems in 2 chosen sports. (D1) -Describe how to structure a distinction-level answer	endurance, Muscular strength.	endurance, Muscular strength.		
		- Describe now to stock at a case through a subset	4 & 5 - Coursework	4 & 5 - Coursework		
		Explain a sex & a target non an example answer	4 d 5 coulemon			
		11 & 12 - Coursework				
Knowledge in sequence						
Knowledge in sequence	Command words: Describe, apply, explain, compare &	Command words: Describe, apply, explain, compare & contrast, demonstrate, analyse.	Command words: Describe, apply, explain, compare 8	Command words: Describe, apply, explain, compare &	Command words: Describe, apply, explain, compare 8	Command words: Describe, apply, explain, compare &
	contrast, demonstrate, analyse.	- Rules of sports	contrast, demonstrate, analyse.	contrast, demonstrate, analyse.	contrast, demonstrate, analyse.	contrast, demonstrate, analyse.
	- Rules of sports	- Regulations of sports	- Rules of sports	- Rules of sports	- Rules of sports	- Rules of sports
	- Regulations of sports	- Scoring systems in sports	- Regulations of sports	- Regulations of sports	- Regulations of sports	- Regulations of sports
	- Scoring systems in sports	- Officiating sports	- Scoring systems in sports	- Scoring systems in sports	- Scoring systems in sports	- Scoring systems in sports
	- Officiating sports - Skills in sports	- Skills in sports - Terhniques of skills	- Officiating sports - Skills in sports	- Officiating sports - Skills in sports	- Officiating sports - Skills in sports	Officiating sports Skills in sports
	- Techniques of Skills	- Tectingues of skins - Tactics in sports	Skills in sports Techniques of Skills	Skills in sports Techniques of Skills	- Techniques of Skills	Skills in sports Techniques of Skills
	- Tactics in sports	- Physical components of fitness	Tactics in sports	- Tactics in sports	- Tactics in sports	Tactics in sports
	- Physical components of fitness	- Reflecting on performance	- Physical components of fitness	- Physical components of fitness	- Physical components of fitness	- Physical components of fitness
	- Reflecting on performance	- Identifying strengths & areas for improvement	- Reflecting on performance	- Reflecting on performance	- Reflecting on performance	- Reflecting on performance
	- Identifying strengths & areas for improvement	- Identifying ways to improve	- Identifying strengths & areas for improvement	- Identifying strengths & areas for improvement	- Identifying strengths & areas for improvement	- Identifying strengths & areas for improvement
	 Identifying ways to improve 		 Identifying ways to improve 	- Identifying ways to improve	- Identifying ways to improve	 Identifying ways to improve
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	Bules	oux Rules	Tactics	Tactics	Analysis	Analysis
	Application of rules	Application of rules	Skills	Skills	Strengths	Strengths
	Regulations	Regulations	Techniques	Techniques	Areas for improvement	Areas for improvement
	Scoring systems	Scoring systems	Components of fitness	Components of fitness	Observation checklist	Observation checklist
	Goals	Goals	Isolated practiced	Isolated practiced	Improving performance	Improving performance
	Points	Points	Conditioned games	Conditioned games	1	
	Roles	Roles	Competitive games	Competitive games	1	
	Responsibilities Officials	Responsibilities Officials			1	
	Unicials	Unicals			1	
Key Words						
	Describe and explain the rules of two selected sports	Describe and explain the regulations and scoring systems and compare the roles and responsibilities of officials. Recommend improvements to rules, regulations and		Describe the tactics, techniques and components of	Evaluate performance in two selected sports.	SOW being rewritten
	and apply them in four specific scenarios	scoring systems for 2 selected sports	fitness for two sports. Perform skills, techniques and	fitness for two sports. Perform skills, techniques and	1	
				tactics in isolated practices, conditioned and full sided	1	
			games for two sports	games for two sports	1	
					1	
End Point					1	
	Progress points 1 and 2 5 -	LA A assignment	LA B assignment 15 – Tactics	LA B assignment 20 -	LA C assignment	External SV
	Regulations	9 – Compare & contrast		Performance analysis		
					1	
Assessment method	1				1	1
			4			•