

Subject:	Physical Education L2 Btec		Year Group:	11			
	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6	
Scheme title	Unit 2, Learning Aim A - Rules and regulations	Unit 2, Learning Aim A - Rules and regulations	Unit 2, Learning Aim B - Techniques, Tactics and COF	Unit 2, Learning Aim B - Techniques, Tactics and COF	Unit 2, Learning Aim C - Review of performance	Unit 2 - Resubmission of LAC	
	Understand the rules, regulations and scoring systems for selected sports	Understand the rules, regulations and scoring systems for selected sports	Practically demonstrate skills, techniques and tactics in selected sports	Practically demonstrate skills, techniques and tactics in selected sports	Be able to review sports performance	Be able to review sports performance	
Purpose of scheme	<p>1 - Unit 2 Introduction: Identify</p> <ul style="list-style-type: none"> Describe Apply <p>2 - Examine rules in sport:</p> <ul style="list-style-type: none"> Define a rule Identify the rules of 1 sport Describe the rules in 1 sport (P1) Explain the rules in a 1 sport. (M1) <p>Topic A.4 Application of the rules/laws of sports in different situations.</p> <p>For example, when a player is in an offside position in football.</p> <p>3 - Coursework</p> <p>4 - Apply 4 rules in 1 sport by taking the role of an official (Practical)</p> <ul style="list-style-type: none"> Describe how to apply the rules of a selected sport in 4 specific situations Apply the rules of a selected sport in 4 specific situations (P2) Explain why you applied those rules (M1) 	<p>Topic A.2 Regulations: Relating to players and participants, equipment, playing surface, facilities, health and safety, time & officials.</p> <ul style="list-style-type: none"> Examine regulations in sport: Define a regulation Identify regulations in 1 sport Describe regulations in 1 sport (P1) Progress Point 1: Explain regulations within 2 chosen sports (P1) <p>Topic A.3 Scoring systems: The method of scoring goals or points, method and/or requirements for victory.</p> <p>6 - Coursework</p> <p>7 - Scoring system:</p> <ul style="list-style-type: none"> Describe scoring systems in different sports Describe the scoring system in 1 sport (P1) Explain the scoring system in 1 sport (M1) <p>Topic A.5 Roles of officials: Umpires, referees, assistant refs, judges, time-keeper, starters, table officials, third umpire, fourth official.</p> <p>Topic A.7 responsibilities of officials: Appearance, equipment, fitness, qualifications, interpretation & application of rules, control of players, accountability to spectators, health and safety (equipment, facilities, players), fair play, use of technology, effective communication (voice, whistle, signals).</p> <p>8 - Explore the roles and responsibilities of officials in different sports:</p> <ul style="list-style-type: none"> Define roles & responsibilities Describe the roles & responsibilities of officials in 1 sport (P1) Explain the roles and responsibilities of officials in 1 sport (M1) <p>9 - Compare & contrast roles & responsibilities of officials in 2 chosen sports (D1)</p> <ul style="list-style-type: none"> Identify connectives to compare and contrast Explore a 'WAGOLF' Progress Point 2: Compare & contrast roles & responsibilities of officials in 2 chosen sports (D1) <p>10 - Recommend valid methods to improve rules, regulations & scoring systems in 2 chosen sports. (D1)</p> <ul style="list-style-type: none"> Describe how to structure a distinction-level answer Explain a tick & a target from an example answer <p>11 & 12 - Coursework</p>	<p>Topic B.2 Skills & techniques required: Continuous skills (Running), Serial skills (EG High Jump), Discrete skills (EG Golf swing), movement, use of equipment, communication & other demands specific to each sport.</p> <ul style="list-style-type: none"> 1 - Skills and techniques Define a skill and a technique Identify skills used in 2 sports Describe the techniques used to perform skills in 2 sports <p>Topic B.3 Decision making & strategies to overcome an opponent, including using personal strengths. Use of relevant tactics, e.g. defending and attacking, choice and use of shots or strokes, variation, conditions, use of space & other demands specific to sport.</p> <p>2 - Coursework</p> <p>3 - Tactics and components of fitness:</p> <ul style="list-style-type: none"> Define a tactic and the physical components of fitness Identify tactics used in 2 sports Describe how tactics & physical components of fitness are used in 2 sports <p>Topic B.1 Components of physical fitness: Flexibility, Speed, Body composition Aerobic endurance, Muscular endurance, Muscular strength.</p> <p>4 & 5 - Coursework</p>	<p>Topic B.2 Skills & techniques required: Continuous skills (Running), Serial skills (EG High Jump), Discrete skills (EG Golf swing), movement, use of equipment, communication & other demands specific to each sport.</p> <ul style="list-style-type: none"> 1 - Skills and techniques Define a skill and a technique Identify skills used in 2 sports Describe the techniques used to perform skills in 2 sports <p>Topic B.3 Decision making & strategies to overcome an opponent, including using personal strengths. 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Knowledge in sequence	<p>Command words: Describe, apply, explain, compare & contrast, demonstrate, analyse.</p> <ul style="list-style-type: none"> - Rules of sports - Regulations of sports - Scoring systems in sports - Officiating sports - Skills in sports - Techniques of Skills - Tactics in sports - Physical components of fitness - Reflecting on performance - Identifying strengths & areas for improvement - Identifying ways to improve 	<p>Command words: Describe, apply, explain, compare & contrast, demonstrate, analyse.</p> <ul style="list-style-type: none"> - Rules of sports - Regulations of sports - Scoring systems in sports - Officiating sports - Skills in sports - Techniques of skills - Tactics in sports - Physical components of fitness - Reflecting on performance - Identifying strengths & areas for improvement - Identifying ways to improve 	<p>Command words: Describe, apply, explain, compare & contrast, demonstrate, analyse.</p> <ul style="list-style-type: none"> - Rules of sports - Regulations of sports - Scoring systems in sports - Officiating sports - Skills in sports - Techniques of Skills - Tactics in sports - Physical components of fitness - Reflecting on performance - Identifying strengths & areas for improvement - Identifying ways to improve 	<p>Command words: Describe, apply, explain, compare & contrast, demonstrate, analyse.</p> <ul style="list-style-type: none"> - Rules of sports - Regulations of sports - Scoring systems in sports - Officiating sports - Skills in sports - Techniques of Skills - Tactics in sports - Physical components of fitness - Reflecting on performance - Identifying strengths & areas for improvement - Identifying ways to improve 	<p>Command words: Describe, apply, explain, compare & contrast, demonstrate, analyse.</p> <ul style="list-style-type: none"> - Rules of sports - Regulations of sports - Scoring systems in sports - Officiating sports - Skills in sports - Techniques of Skills - Tactics in sports - Physical components of fitness - Reflecting on performance - Identifying strengths & areas for improvement - Identifying ways to improve 	<p>Command words: Describe, apply, explain, compare & contrast, demonstrate, analyse.</p> <ul style="list-style-type: none"> - Rules of sports - Regulations of sports - Scoring systems in sports - Officiating sports - Skills in sports - Techniques of Skills - Tactics in sports - Physical components of fitness - Reflecting on performance - Identifying strengths & areas for improvement - Identifying ways to improve 	
Skills	LAA Rules Application of rules Regulations Scoring systems Goals Points Roles Responsibilities Officials	LAA Rules Application of rules Regulations Scoring systems Goals Points Roles Responsibilities Officials	LAB Tactics Skills Techniques Components of fitness Isolated practice Conditioned games Competitive games	LAB Tactics Skills Techniques Components of fitness Isolated practice Conditioned games Competitive games	LAC Analysis Strengths Areas for improvement Observation checklist Improving performance	LAC Analysis Strengths Areas for improvement Observation checklist Improving performance	
Key Words	Describe and explain the rules of two selected sports and apply them in four specific scenarios	Describe and explain the regulations and scoring systems and compare the roles and responsibilities of officials. Recommend improvements to rules, regulations and scoring systems for 2 selected sports	Describe the tactics, techniques and components of fitness for two sports. Perform skills, techniques and tactics in isolated practices, conditioned and full sided games for two sports	Describe the tactics, techniques and components of fitness for two sports. Perform skills, techniques and tactics in isolated practices, conditioned and full sided games for two sports	Evaluate performance in two selected sports.	SOW being rewritten	
End Point	Progress points 1 and 2 Regulations	LA A assignment 9 - Compare & contrast	LA B assignment 15 - Tactics	LA B assignment Performance analysis	LA C assignment	External SV	
Assessment method							