

Subject :	Physical Education L3 Btec Unit 1	Year Group:	12
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	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Scheme title	Unit 1, A- Skeletal system AO1,AO2,AO3	Unit 1, B- Muscular system AO1,AO2,AO3	Unit 1, C- Respiratory system AO1,AO2,AO3, AO4	Unit 1, D- Cardiovascular system AO1,AO2,AO3, AO4	Unit 1, E- Energy systems AO1,AO2,AO3, AO4 F- Synoptic questions AO5
Purpose of scheme	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten
Knowledge in sequence	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten
Skills	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten
Key Words	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten	SOW being rewritten
End Point	Evaluate how the skeletal system is used in order to carry out exercise and sporting movements	Evaluate how the muscular system is used in order to carry out exercise and sporting movements	Evaluate how the respiratory system is used in order to carry out exercise and sporting movements	Evaluate how the cardiovascular system is used in order to carry out exercise and sporting movements	Evaluate how the energy systems are used in order to carry out exercise and sporting movements and make connections between body systems.
Assessment method	Assessment 1 (A) (AO1,AO2,AO3)	Assessment 2 (A&B) (AO1,AO2,AO3)	Assessment 3 (A,B&C) (AO1,AO2,AO3, AO4)	Assessment 4 (A,B,C&D) (AO1,AO2,AO3,AO4)	Assessment 4 (A,B,C,D&E) (AO1,AO2,AO3,AO4, AO5) UNIT 1 EXAM