

Sport

BTEC National Extended Certificate

Exam Board: Pearson

Subject Specific Criteria:

- Grade 4 or above in BTEC Sport, GCSE PE or 4-4 in GCSE Science

Units Studied:

Unit 1: Anatomy and Physiology

Unit 2: Fitness training and programming for health, sport and well-being

Unit 3: Professional development in the sports industry

Unit 7: Practical sports performance

Course Information:

The course has one external exam in unit 1, an externally set task in unit 2 and internally assessed coursework for units 3 and 7.

Grading is as follows:

BTEC Grade	UCAS Points	Equiv. A Level grade
Distinction*	56	A*
Distinction	48	A
Merit	32	C
Pass	16	E

Skills Required:

- Effective writing
- Analytical skills
- Organisation
- Teamwork

Futures:

The new BTECs are more rigorous than the previous specifications and are highly valued by universities, further education colleges and employers alike. BTEC Sport can lead to a variety of future careers including: Sports Coaching, Teaching, Physiotherapy, Fitness Instruction and Sports Science.

Subject Enrichment:

Numerous opportunities to participate and volunteer at extracurricular clubs, links to work placement.



Student Quote

“This BTEC course has been a great opportunity for me. It is challenging as well as fun; it allows you to learn in greater depth about the body and how that impacts performance whilst also allowing plenty of practical sessions.” - Alex, Year 13.