

Physical Education

Intent What are we trying to achieve?	Intent sentence here: To develop a range of skills within different learning domains, whilst fostering a lifelong love of physical activity			
	Expansion on intent sentence: We aim to deliver a broad and balanced curriculum allowing learners to experience a wide range of activities. Our intent is for learners to develop 4 key strands; knowledge and understanding of key tactical and decision making concepts alongside subject specific terminology, physical and performance skills for a wide range of individual and team sports, leadership qualities, skills and responsibilities and performance analysis skills. Alongside this we aim to develop a lifelong love of sports and physical exercise, linking the benefits of physical activity to mental and physical well-being.			
	Confident Communicators	Knowledgeable and Expert Learners	Committed Community Contributors	Future-Ready Young People
	<i>In core PE learners regularly engage in discussions in small, groups and whole class situations. Learners use oracy to problem solve, develop team strategies and evaluate their own and others performances. These skills are further developed in theoretical courses through written tasks and extended assignments.</i>	<i>Schemes are developed collaboratively to ensure expert teachers and explicit content to ensure consistency and rigour of content. Use of frequent questioning and retrieval focussed on knowledge organisers allows learners to secure their learning.</i>	<i>Learners engage in a wide range of extra curricular activities, and through fixtures experience both their immediate and the wider community and the opportunities available. Learners engage in a leadership programme that encourages students to sport their peers, local primary school and community clubs. The many cultural experiences provided allow learners to experience the wider world.</i>	<i>Learners develop a wide range of skills within PE to prepare them for their future including communication, team work, problem solving and leadership. The opportunity to take on different roles both within lessons and extra curricular builds the confident and resilience needed for a successful future.</i>
	The key concepts that run through your subject are... <ul style="list-style-type: none"> • Knowledge and understanding—Key concepts, rules, regulations, sport-specific performance skills. • Performance skills - Securing skills for a range of sports in isolation, conditioned competition and full competition • Leadership skills - attributes (confidence, motivation, leadership styles), skills (activity structure, planning, organisation) and responsibilities (health and safety, equality and rules and regulations) • Performance analysis—evaluation of performance and improving performance 			