# PHSCE Programme Beckfoot School 2020-2021

| | Wk | W/C | Assembly | Year 7 | Year 8 | Year 9 | Year 10 | Year 11 | Year 12 | Year 13 |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | **PSHCE: Health and wellbeing** | | | | | | | |
| HT1 | 1 | 07/09/2020 | *Jeans for Genes* | | | | | | | |
| | 2 | 14/09/2020 | *Black Lives Matter* | Lockdown Welcome Back | Lockdown Welcome Back | Lockdown Welcome Back | Lockdown Welcome Back | Lockdown Welcome Back | Induction to 6th Form and VESPA – Vision – 20 questions | Lockdown Welcome back |
| | 3 | 21/09/2020 | *Home Learning* | Health & Active lifestyles | Healthy & Active Lifestyles | Alcohol Awareness | Alcohol Awareness | Alcohol Awareness | VESPA – Vision – Getting dreams done | Writing, preparation and submission of UCAS applications. Writing personal statements. Researching university courses. Lessons on effective independent study. Academic one-to-one tutorials. |
| | 4 | 28/09/2020 | *Rewards* | Health Conditions | Nutrition | Drug Awareness | Drug Awareness | Drug Awareness | VESPA – Vision – 21st Birthday | |
| | 5 | 05/10/2020 | *Oracy* | Health impairments | Health Conditions & | Eating Disorders | Eating Disorders | Eating Disorders | VESPA – Vision – SMART Goals | |
| | 6 | 12/10/2020 | *Literacy* | Healthy Relationships | Health Impairments | Mental Health | Mental Health | Mental Health | VESPA Vision – Mental Contrasting | |
| | 7 | 19/10/2020 | *Hygee* | Mental Health | Mental Health | Mindfulness | Mindfulness | Mindfulness | VESPA Effort – The 1 to 10 scale | |
| | | | **PSHCE: Living in the wider world – Careers** | | | | | | | |
| HT2 | 8 | 02/11/2020 | *Remembrance Day* | Intro to Careers & Uni-Frog | Intro to Careers & Uni-Frog | Intro to Careers & Uni-Frog | Intro to Careers & Uni-Frog | Intro to Careers & Uni-Frog | VESPA Effort – The working week | Writing, preparation and submission of UCAS applications. Writing personal statements. Researching university courses. Lessons on effective independent study. Academic one-to-one tutorials. |
| | 9 | 09/11/2020 | *Children in Need* | Uni-Frog Personality Quiz | Uni-Frog Personality Quiz | Uni-Frog Personality Quiz | Uni-Frog Personality Quiz | Uni-Frog Personality Quiz | VESPA Effort – The 3 R's of habit | |
| | 10 | 16/11/2020 | *Bike Safety* | Uni-Frog Treasure Hunt | Uni-Frog Treasure Hunt | Uni-Frog Treasure Hunt | Uni-Frog Post 16 Choices | Uni-Frog Post 16 Choices | VESPA Effort – Recognize your blocker | |
| | 11 | 23/11/2020 | *Student Leadership* | Uni-Frog Interests Quiz | Uni-Frog Interests Quiz | Uni-Frog Interests Quiz | Uni-Frog Maximizing Your Potential | Uni-Frog Maximizing Your Potential | VESPA Systems – The energy line | |
| | 12 | 30/11/2020 | *Movember* | Beckfoot Virtual Careers Faire | Beckfoot Virtual Careers Faire | Beckfoot Virtual Careers Faire | Beckfoot Virtual Careers Faire | Beckfoot Virtual Careers Faire | VESPA Systems – Snack don't binge | |
| | 13 | 07/11/2020 | *Disability Awareness* | Your Futures | Your Futures | Your Futures | Your Futures | Your Futures | VESPA Systems – 2,4,8 rule | |
| | 14 | 14/11/2020 | *Rewards* | | | | | | VESPA Systems – Project progress chart | |
| | | | **PSHCE: Living in the Wider World – British Values and Global citizenship** | | | | | | | |
| HT3 | 15 | 04/01/2021 | *New Year Goals / Options Year 9* | Spirituality | British identity | Tolerance | British Citizenship | Understanding and Preventing Extremism | VESPA Practice – The revision questionnaire | One formal tutorial session each week and one assembly. One-to-one tutorials. Independent study. Preparation for mocks and revision techniques. |
| | 16 | 11/01/2021 | *Safe Internet Awareness* | Morality | British values | Mutual Respect – Gender | What is the House of Commons | How can language divide us? | VESPA Practice – Know the Skills | |
| | 17 | 18/01/2021 | *Staying Positive during lockdown* | Society | Democracy | Mutual Respect – Sexuality | What is the House of Lords | Actions and Influences | VESPA Practice –Leitner box | |
| | 18 | 25/01/2021 | *Holocaust Awareness* | Culture | Rule of Law | Mutual Respect – Faith and Beliefs | From Ideas to Bill to Law | How can I help my community? | VESPA Practice – Learning from mistakes | |
| | 19 | 01/02/2021 | *LBGT Month* | Liberty | Individual Rights, responsibilities and Freedoms | Mutual Respect –Race | Petitions to Parliament | Extremism | VESPA Practice –Mechanical vs flexible | |
| | 20 | 08/02/2021 | *Children's Mental Health* | Identity | Human Rights in the UK | Mutual Respect – Refugees & Asylum | Alternatives to Democracy | Terrorism | VESPA Attitude – Stopping negative | |
| | | | **PSHCE: Healthy Relationships** | | | | | | | |
| HT4 | 21 | 22/02/2021 | *Fairtrade Fortnight* | Equity in a Relationship | Rights in Relationships | Healthy Relationships | Healthy Relationships | Healthy Relationships | | |
| | 22 | 01/03/2021 | *World Book Day* | Know your Selfie | Empathy and Conflict | Feelings and Emotions | Feelings and Emotions | Feelings and Emotions | | |
| | 23 | 08/03/2021 | *International Women's Day* | Healthy and Unhealthy Relationships | LGBT rights | Unhealthy Relationships | Unhealthy Relationships | Unhealthy Relationships | | |
| | 24 | 15/03/2021 | *National Nutrition Month* | Online Safety | Online Relationships | Online Relationships | Online Relationships | Online Relationships | | |
| | 25 | 22/03/2021 | *Autism Awareness* | Consent | Social Pressures | Social Pressures and Consent | Social Pressures and Consent | Social Pressures and Consent | | |
| | | | **PSHCE:** | | | | | | | |
| HT5 | 26 | 12/04/2021 | | | | | | | | |
| | 27 | 19/04/2021 | | | | | | | | |
| | 28 | 26/04/2021 | | | | | | | | |
| | 29 | 03/05/2021 | | | | | | | | |
| | 30 | 10/05/2021 | | | | | | | | |
| | 31 | 17/05/2021 | | | | | | | | |
| | 32 | 24/05/2021 | | | | | | | | |
| | | | **PSHCE:** | | | | | | | |
| HT6 | 33 | 07/06/2021 | | | | | | | | |
| | 34 | 14/06/2021 | | | | | | | | |
| | 35 | 21/06/2021 | | | | | | | | |
| | 36 | 28/06/2021 | | | | | | | | |
| | 37 | 05/07/2021 | | | | | | | | |
| | 37 | 12/07/2021 | | | | | | | | |
| | 38 | 19/07/2021 | | | | | | | | |