

Sikh Beliefs		
1	Beliefs about God?	God is called Waheguru and is the one God. Sikhism is monotheistic
2	What is the ik Onkar?	The Gurmukhi symbol for God
3	What is God like?	Creator, omnipresent and eternal
4	What is the mool mantra?	The core beliefs of Sikhism that they recite in prayer

Sikh Gurus		
1	What is a Guru?	A human teacher who passes God's message to others. There were ten main Sikh gurus.
2	First Guru?	Guru Nanak was the first Guru. He taught equality and compassion. He went into a river for 3 days and had a vision of God.
3	Tenth Guru?	Guru Gobind Singh was a famous warrior. He started the Khalsa by asking Sikhs to give their lives for faith. This was a trick, but showed the importance of commitment.
4	Khalsa?	Khalsa Sikhs follow extra rules like wearing the 5 Ks and not eating meat.



The Golden Temple		
1	Where is it?	It is in Amritsar, the Punjab.
2	Symbols?	The entire roof is made of gold
3	Langar?	The langar kitchen serves food every day to guests. The meals are free and usually lentil dahl. Everyone eats on the floor together.
4	Holy Book?	The Guru Granth Sahib is the holy book but treated like a human. It has its own room in the temple

Life as a Sikh		
1	3 duties?	Pray, Work, Give
2	How?	Pray: keep God in mind Work: earn an honest living Give: volunteer help and care for others. Practice sewa
3	Who is Fauja Singh	A 100 year old marathon runner who uses faith for strength.
4	Women?	Sikhism is well-known for teaching equality but women have still be treated unfairly. There is debate as to whether they can represent the first five khalsa men.

Key Words	Definition
Amrit	The ceremony where someone becomes a Sikh
Ek Onkar	The one creator God
Golden temple	Sikh place of pilgrimage in Amritsar
Gurdwara	Sikh place of worship
Gurmukhi	The script that Punjabi is written in
Guru	Sikh teacher. A human!
Guru Granth Sahib	Holy Book of Sikhism
Kaur	Female Sikh surname, meaning princess
Khalsa	Group of Sikhs who follow extra rules.
Kirt Karna	Earning an honest living
Langar	Free meals made at a Gurdwara
Mool mantra	Core beliefs of Sikhism
Nam japna	Keeping God in your mind
Panj pyrae	First five who gave their lives to Guru Gobind Singh
Pilgrimage	Religious journey
Sewa	Selfless service
Singh	Male Sikh surname, meaning lion
Vand Chhakna	Helping others
Waheguru	Sikh name for God

Sikhism is the youngest of the six main religions and has 27 million followers.

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Sikh Gurus			Life as a Sikh			Gurmukhi	
1	What is a Guru?		1	3 duties?		Guru	
2	First Guru?		2	How?		Guru Granth Sahib	
3	Tenth Guru?		3	Who is Fauja Singh		Kaur	
4	Khalsa?		4	Women?		Khalsa	
						Kirt Karna	
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