



YEAR 11

UPDATE: November 2020

INFORMATION ON THE MOCK EXAMS

Year 11 mocks started today and the students were brilliant! These mocks are a chance for students to show what they can do, and also to identify what they need further input and revision on. Your child has been given a mock exam timetable. If they can't attend school for their mock exam, they will not sit it at home as we have to ensure they are taken under controlled conditions. Instead, we'll support your child to undertake their mocks on their return to school. We are not able to provide a full timetable of live lessons whilst mock exams are taking place, but your child can combine some live lessons with their 'My Learning Resources' site here: http://www.beckfoot.org/?page_id=15352

ACADEMIC SUPPORT FOR YOUR CHILD

We wanted to make sure you and your child know what support is available for them over the course of this year:

Bulletins: The first Year 11 bulletin of the year from last half-term can be found here <http://www.beckfoot.org/wp-content/uploads/2020/11/Year-11-Bulletin-October-2020.pdf>. We will regularly update you via bulletins.

Dual-streaming: All year 11 lessons and period 6 sessions have been dual-streamed from Tuesday 17th November. This is to support those students who cannot be in school. Dual-streaming means Year 11 teachers deliver their lesson to both the students present in the classroom and to the students accessing the lesson virtually from home. For more information about this, please refer to our video guide here <https://youtu.be/c3y7okDJ3-w>.

Period 6 sessions: All students have a personalised Period 6 timetable which runs from 3pm on weekdays. Students are also welcome to attend Period 6 sessions that do not appear on their personalised timetable. Details of these sessions can be found here: <http://www.beckfoot.org/wp-content/uploads/2020/11/Period-6-for-Webpage.pdf>.

Revision tips: Year 11 have received specific guidance on how to revise. This has also been summarised and reshared ahead of the upcoming mocks. For some great tips on revision success, please look at the following page of our dedicated Year 11 webpage: http://www.beckfoot.org/?page_id=11881.

Study space: The Year 11 common room (previously the Sixth Form common room) is a dedicated silent study space for Year 11 only. They can revise here weekdays from 2.45pm – 3.45pm when they don't have a period 6 session to attend. This is great preparation for their education beyond year 11!

Tutor time sessions: Year 11 have specific tutor time sessions which give them the opportunity to revise, whilst also engaging with key PSHE topics to support their well-being.

Year 11 support webpage: You will have also received information regarding our dedicated Year 11 website which can be found here: http://www.beckfoot.org/?page_id=16835.



MENTAL HEALTH AND WELLBEING SUPPORT FOR YOUR CHILD

It's ok not to be ok. Please don't hesitate to get in touch with us if you have concerns about your child's mental health and wellbeing. We are here to support you, and them.

Kooth: Kooth offers free, confidential support via text, available 24/7. Your child needs to visit <https://www.kooth.com/> or download the app to chat to friendly counsellors, read articles by other young people, get support from the Kooth community, and/or write a daily journal. More information can be found here http://www.beckfoot.org/?page_id=6154.

Managing a lockdown/ isolation due to Covid 19: Please find our parental advice for helping your child's wellbeing during a lockdown or period of isolation by visiting here: <http://www.beckfoot.org/?p=13958>

PE lessons: We have retained PE lessons in our curriculum offer across school and are passionate about PE's place in supporting the physical health and emotional wellbeing of all students. We highly recommend your child continue to get regular exercise to support their emotional wellbeing – even if this is simply taking a stroll around their local community for 20 minutes after school!

Pastoral support: Jules Bhandara (Head of Year 11) and Angela Pilkington (Pastoral Manager) are always on hand to offer support and advice to your child. Please don't hesitate to get in touch with either of them if you want advice or have concerns about your child. Frances Wade (Assistant Headteacher) is also specifically linked to Year 11.

Place2Be: Place2Be is a children's mental health charity that is based in Beckfoot School 3 days a week, every week. Students can self-refer to Place2Be by emailing Judith Revers. Students can also be referred via Jules Bhandara (Head of Year 11) or Laura Keller-Bradbury (Safeguarding Officer). Place2Be supports students with a range of mental health issues, most commonly anxiety, low self-esteem and changes in mood. They can also offer parents support and advice too. For more information, please click here http://www.beckfoot.org/?page_id=15425.

SEND support: Mike Barnes (SENCo) co-ordinates provision for all students with Special Educational Needs and Disabilities. Please don't hesitate to get in touch with him if you want advice or have concerns about your child's SEND.

Tutor support: Daily tutor time allows students to "check in" with their tutor, talk about current issues and study.

Links to other ways to support your child's mental health and wellbeing:

[Apps](#)

[Be Kind Campaign](#)

[BUH: Mental Health & Wellbeing Booklet](#)

[Kooth: How to Sign Up](#)

[Newsround: Why It's OK For Boys To Cry](#)

[Stress Me Less Tips](#)

[The Linking Network: Secondary Ideas & Resources](#)

[ThinkUKnow: Home Activity Packs](#)

[We All Have Mental Health](#)

[Young People's Support Services](#)

KEY DATES

2 November 2020

PERIOD 6 STARTS

20 November 2020

SCIENCE PAPER 1 MOCK

23 November 2020

ENGLISH LANGUAGE MOCK

24 November 2020

MATHS PAPER 2 MOCK

25 November 2020

SCIENCE PAPER 2 MOCK

26 November 2020

SCIENCE PAPER 3 MOCK

26 November 2020

MATHS PAPER 2 MOCK

27 November 2020

STAFF TRAINING DAY

30 November 2020

FOOD MOCK

4 December 2020

FOOD MOCK

w/c 7 December 2020

YEAR 11 REPORT

10 December 2020

VIRTUAL PARENTS EVENING

19 December 2020

CHRISTMAS BREAK

5 JANUARY 2020

BACK TO SCHOOL

KEY CONTACTS

Please find all our contacts here:

<http://www.beckfoot.org/wp-content/uploads/2020/11/Key-Contacts-for-Webpage.pdf>.

