

# Support for parents & carers of pupils with SEND

Below we have detailed helpful websites that offer support, advice and educational resources to parents and carers of pupils with SEND. Simply click on the link to go to the site you want. We hope you find this information useful. If you have any questions or concerns please contact Mike Barnes, SENCo, at <a href="mailto:becard@beckfoot.org">becmgb@beckfoot.org</a> or Alex Denham, Deputy Headteacher, at <a href="mailto:becard@beckfoot.org">becard@beckfoot.org</a>.

# **Advice from the Department for Education**

https://www.gov.uk/guidance/help-children-with-send-continue-their-education-during-coronavirus-covid-19

# Useful tips and advice on talking to your child about coronavirus

- https://www.bbc.co.uk/news/uk-51734855
- <a href="https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/">https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/</a>
- https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/
- https://childmind.org/article/talking-to-kids-about-the-coronavirus/

# **SEND** specific support

## Social stories you may want to use:

- https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf
- <a href="https://theautismeducator.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf">https://theautismeducator.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf</a>

#### **ADHD** and anxiety:

https://www.additudemag.com/explain-coronavirus-covid-19-anxiety-adhd-child/

#### Autism:

- https://bso.bradford.gov.uk/content/autism
- https://www.autism.org.uk/services/helplines/coronavirus/resources.aspx

## **Cognition and Learning:**

https://bso.bradford.gov.uk/content/cognition-and-learning

## **Obsessive Compulsive Disorder:**

https://www.ocduk.org/ocd-and-coronavirus-survival-tips/

#### Social, Emotional and Mental Health:

https://bso.bradford.gov.uk/content/social-emmotional-metal-health-(semh)

## Direct online mental health support for your child:

- https://www.kooth.com/
- https://www.giveusashout.org/

# Mental health support for parents and carers:

- https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/#collapse I 644b
- https://www.bbc.co.uk/news/health-51873799?fbclid=lwAR01ug03efw0BQAxTOrrmzrte5gl7jSAHOA-cpgM7BPaDjmoqN7pRwotNE



