

Moving On: Top Ten Tips

How Can You Support Your Child?

1

Travel Training:

Do a 'practice run', walk the route, take the bus if possible etc.

Establish Routine:

Encourage your child to pack their bag the evening before. Try getting up earlier the week before school starts. Buy an alarm - don't rely on a phone.

2

Building Confidence:

Praise builds self esteem; check planners for positive comments, listen to their concerns, and empower them to come up with solutions.

3

Emergency Money:

Give them some emergency money e.g. spare bus fare - nothing substantial.

4

Uniform:

Stick to uniform expectations as it will help your child feel more confident and comfortable. Make sure uniform and shoes are clearly labelled.

5

Making Friends:

Remind them to smile and be kind; it will help them make new friends, and be welcoming to those who don't know anyone.

6

Co-Curricular Activities:

Encourage them to join SPA and after school clubs - they are a great way to make like-minded new friends.

7

Worries:

Ask your child to see their tutor or Head of Year if they are worried about anything. Avoid passing your worries on to them.

8

Home learning:

Check planners, make a space available at home for them, or encourage them to use the LRC and/or go to Homework Club.

9

Time:

Allow them at least few weeks to settle in to Beckfoot, ensuring routines are fully established.

10

Also visit:

